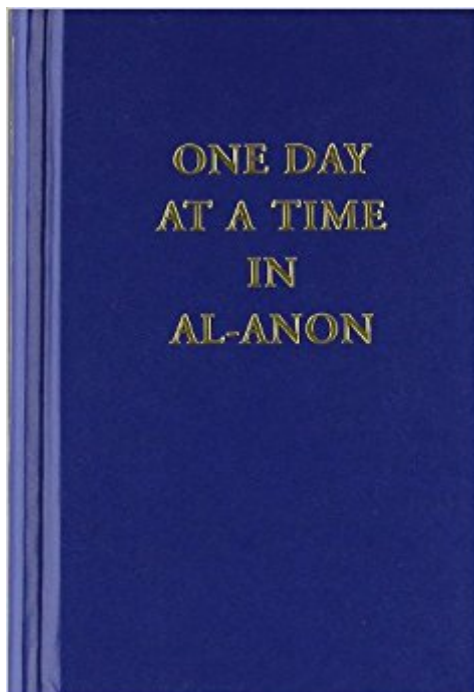


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# One Day At A Time In Al-Anon



## Synopsis

One Day at a Time in Al-Anon

## Book Information

Hardcover: 367 pages

Publisher: Al Anon Family Group Headquarters (1987)

Language: English

ISBN-10: 0910034214

ISBN-13: 978-0910034210

Product Dimensions: 1 x 4.2 x 6.2 inches

Shipping Weight: 1 pounds

Average Customer Review: 4.8 out of 5 stars 257 customer reviews

Best Sellers Rank: #12,610 in Books (See Top 100 in Books) #16 in [Books > Health, Fitness & Dieting > Addiction & Recovery > Drug Dependency](#) #19 in [Books > Health, Fitness & Dieting > Addiction & Recovery > Twelve-Step Programs](#) #29 in [Books > Textbooks > Social Sciences > Psychology > Psychopathology](#)

## Customer Reviews

One Day at a Time in Al-Anon

Good book for First time Al-Anon. Very useful information.

supplement to my daily reflection

anyone needing some support with a loved one in trouble with drugs, this is like the bible for hel[ing to get through it all

good

Provides comfort and support.

I read the daily message everyday to help me deal with life's issues....this book is not just helpful with dealing with an alchoholic but many obstacles we face in our lifetime.....very inspiring...

Saved my life!

Item as advertised. Highly recommend.

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